

# DOOR of HOPE COUNSELING

## BACKGROUND: CHILD/ADOLESCENT

*Please answer all information as completely as possible. If applicable, both parents should complete together. Information given is strictly confidential and beneficial in providing the best possible service. Feel free to ask for assistance, if needed. Your child's counselor will discuss your responses with you after he/she has reviewed the form.*

Child's Name: \_\_\_\_\_ Date of First Visit: \_\_\_\_\_  
Last First MI

Completed by: \_\_\_\_\_ Relationship to Child: \_\_\_\_\_

Home Phone: \_\_\_\_\_ (May call? Yes No May Leave Message? Yes No)

Work Phone: \_\_\_\_\_ (May call? Yes No May Leave Message? Yes No)

Cell Phone: \_\_\_\_\_ (May call? Yes No May Leave Message? Yes No)

Best Time and Place to call: \_\_\_\_\_

Child's Address: \_\_\_\_\_  
Street City State Zip

Child's Gender: \_\_\_\_\_ Date of Birth \_\_\_/\_\_\_/\_\_\_ Age \_\_\_

Child's Ethnicity:

African American  Bi-racial  Hispanic/Latin  
 Asian  Caucasian  Native American Other \_\_\_\_\_

Child's Legal Guardian (Managing Conservator): \_\_\_\_\_

(If the child is not living with both natural parents, both adoptive parents, or only living parent, the state of Texas requires a copy divorce decree be part of the child's clinical file. Please bring a copy to your Door of Hope Counselor.)

Is your child currently on probation? Yes No School child attends: \_\_\_\_\_

School District \_\_\_\_\_

Grade Level (now): \_\_\_\_\_ Has your child ever been retained? Yes No If yes, what grade? \_\_\_\_\_

Is your child receiving special education or other services? Yes No (explain) \_\_\_\_\_

History of learning, emotional, behavioral problems: Yes No

(If yes, please explain) \_\_\_\_\_

Is your child presently receiving counseling elsewhere? Yes No  
(If yes, do not complete this form until you have talked with your counselor)

Has your child ever seen a mental health professional (psychiatrist, psychologist, or a counselor)? Yes No

(If so, we will need your permission in order to communicate with that individual or agency)

Previous Mental Health Professional/Agency: \_\_\_\_\_

Name

Address

Phone: \_\_\_\_\_ Dates of Service: \_\_\_\_\_ (beginning - ending)

Has your child been hospitalized for mental health concerns? Yes No

If yes: When \_\_\_\_\_ Where \_\_\_\_\_

Are you seeking services because your child is a victim of a crime? Yes No

Did it result in legal action? Yes No (If Yes, explain) \_\_\_\_\_

### INFORMATION ON CHILD'S MOTHER

**Mother's Name:** \_\_\_\_\_

Last

First

MI

I am: \_\_\_ biological mother \_\_\_ stepmother \_\_\_ adoptive mother Other \_\_\_\_\_

Address: \_\_\_\_\_

Street

City

State

Zip

If different from above:

Home Phone: \_\_\_\_\_  
(May call: Yes No Leave Message: Yes No)

Work Phone: \_\_\_\_\_  
(May call: Yes No Leave Message: Yes No)

Cell Phone: \_\_\_\_\_  
(May call: Yes No Leave Message: Yes No)

Date of Birth: \_\_\_\_\_

Occupation: \_\_\_\_\_

Employer: \_\_\_\_\_

How Long: \_\_\_\_\_

Education Level of Mother:

\_\_\_ 8th grade or below

\_\_\_ High School

\_\_\_ GED

\_\_\_ Trade School/Some College

\_\_\_ Undergraduate Degree

\_\_\_ Graduate Degree

Current living arrangements:

\_\_\_ Family of origin \_\_\_ Single \_\_\_ Spouse/Partner \_\_\_ Roommate \_\_\_ Other \_\_\_

Marital Status (indicate all that apply and duration of each, ex. 1965-1985):

\_\_\_ Never married

\_\_\_ Currently married

\_\_\_ Divorced

\_\_\_ Widowed

Marital History

\_\_\_ Number of Marriages \_\_\_ Number of Divorces

### INFORMATION ON CHILD'S FATHER

**Father's Name:** \_\_\_\_\_

Last

First

M.

I am \_\_\_ biological father \_\_\_ stepfather \_\_\_ adoptive father other \_\_\_\_\_

Address: \_\_\_\_\_  
Street City State Zip

If different form above:

Home Phone: \_\_\_\_\_  
(May call: Yes No Leave Message: Yes No)

Work Phone: \_\_\_\_\_  
(May call: Yes No Leave Message: Yes No)

Cell Phone: \_\_\_\_\_  
(May call: Yes No Leave Message: Yes No)

Date of Birth: \_\_\_\_\_  
Employer: \_\_\_\_\_

Occupation: \_\_\_\_\_  
How long: \_\_\_\_\_

Education Level of Father

\_\_\_ 8th grade or below      \_\_\_ High School      \_\_\_ GED  
\_\_\_ Trade School/Some College      \_\_\_ Undergraduate Degree      \_\_\_ Graduate Degree

Current living arrangements:

\_\_\_ Family of origin    \_\_\_ Single    \_\_\_ Spouse/Partner    \_\_\_ Roommate    \_\_\_ Other \_\_\_\_\_

Marital Status (indicate all that apply and duration of each, ex. 1965-1985):

\_\_\_ Never married    \_\_\_ Currently married    \_\_\_ Divorced    \_\_\_ Widowed

Marital History

\_\_\_ Number of Marriages    \_\_\_ Number of Divorces

### GENERAL INFORMATION

List by Household your child's current family, beginning with the oldest member and include the child:

**Primary Household** (anyone who currently lives with child)

How long in this current living situation: \_\_\_\_\_

Name	Age	Gender	Relationship to child (include step, half, etc.)
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Child lives in:    \_\_\_ House    \_\_\_ Apartment    \_\_\_ Duplex    \_\_\_ Other \_\_\_\_\_

**Second Household** (non-custodial or extended family - if applicable)

Name	Age	Gender	Relationship to child (include step, half, etc.)
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Currently involved in a custody dispute:    No    Yes    (If yes, explain) \_\_\_\_\_



## HISTORY OF TRAUMA and/or STRESSORS

Please answer these questions regarding the child's life:

1. Did a parent or other adult in the household **often** ...swear at the child, insult the child, put your down, or humiliate the child? **Or**, act in a way that made the child afraid that she/he might be physically hurt?  
Yes    No    If yes, at what age did the child experience this: \_\_\_\_\_
2. Did a parent or other adult in the household **often** ...push, grab, slap, or throw something at the child? **Or**, ever hit the child so hard that marks or injured resulted?  
Yes    No    If yes, at what age did the child experience this: \_\_\_\_\_
3. Did an adult or person at least 5 years older than the child **ever**...touch or fondle or touch their body in a sexual way? **Or**, Try to or actually have oral, anal, or vaginal sex with the child?  
Yes    No    If yes, at what age did the child experience this: \_\_\_\_\_
4. Could the child **often** feel that ...no one in his/her family loved or thought he/she were important or special? **Or**, the family didn't look out for each other, feel close to each other, or support each other?  
Yes    No    If yes, at what age did the child experience this: \_\_\_\_\_
5. Did the child **often** feel that ...did not have enough to eat, had to wear dirty clothes, and had no one to protect him/her? **Or**, the child's parents were too drunk or high to take care of the child or take the child to the doctor if needed?  
Yes    No    If yes, at what age did the child experience this: \_\_\_\_\_
6. Were the child's parents **ever** separated or divorced?  
Yes    No    If yes, at what age did the child experience this: \_\_\_\_\_
7. Was the child's mother or stepmother: **Often** pushed, grabbed, slapped, or had something thrown at her? **Or, sometimes or often** kicked, bitten, hit with a fist, or hit with something hard? **Or ever** repeatedly hit over at least a few minutes or threatened with a gun or knife?  
Yes    No    If yes, at what age did the child experience this: \_\_\_\_\_
8. Did the child live with anyone who was a problem drinker or alcoholic or who used street drugs?  
Yes    No    If yes, at what age did the child experience this: \_\_\_\_\_
9. Was a household member depressed or mentally ill or did a household member attempt suicide?  
Yes    No    If yes, at what age did the child experience this: \_\_\_\_\_
10. Did a household member go to prison?  
Yes    No    If yes, at what age did the child experience this: \_\_\_\_\_

**\* OTHER TRAUMA/STRESSORS RELATED TO THE CHILD \***

(For each of the following items that apply, write in your child's approximate age at the time it occurred):

- \_\_\_ Chronic illness of family member      \_\_\_ Death of significant person
- \_\_\_ Child separated from parent (how long and when) \_\_\_\_\_
- \_\_\_ Death of a pet                      \_\_\_ Difficult medical treatments                      \_\_\_ Natural Disaster

*Check the following items for a diagnosis or medication that your child is now receiving or has received:*

<b>Diagnosis</b>	<b>Current</b> (list dates)	<b>Past</b> (list dates)	<b>Physician's Name</b>	<b>Name of medication</b>	<b>Dosage</b>
Depression	_____	_____	_____	_____	_____
ADHD	_____	_____	_____	_____	_____
ADD	_____	_____	_____	_____	_____
Conduct Disorder	_____	_____	_____	_____	_____
Anxiety/ Nervousness	_____	_____	_____	_____	_____
Bipolar	_____	_____	_____	_____	_____
Schizophrenia	_____	_____	_____	_____	_____
Oppositional Defiant Disorder	_____	_____	_____	_____	_____
Mood/Anger	_____	_____	_____	_____	_____
Tics	_____	_____	_____	_____	_____
Insomnia/ Sleeplessness	_____	_____	_____	_____	_____
Obsessive/ Compulsive	_____	_____	_____	_____	_____
Seizures	_____	_____	_____	_____	_____
Post-Traumatic Stress Disorder	_____	_____	_____	_____	_____
Other	_____	_____	_____	_____	_____

(If you do not know the name and dosage of current medication, please bring the medication to your next session)

*What other medication is your child currently taking?*

<b>Medication</b>	<b>Dosage</b>	<b>Taken for what reason?</b>
_____	_____	_____
_____	_____	_____
_____	_____	_____

**\* CURRENT CONCERNS \***

**Circle the item that you see as the most significant issue for your child. Underline any additional concerns.**

Problems Related to Abuse

Current or past physical abuse  
Current or past sexual abuse  
Current or past emotional abuse  
Current or past neglect  
History of abandonment  
Suspected sexual abuse  
History of family domestic violence

Academic/School Problems

Learning difficulties  
Problems with peers  
Problems with teachers

Mood-related Concerns

Disturbing memories  
Difficulty going to sleep/staying asleep  
Nightmares/night terrors  
Suicidal ideation  
Sadness  
Depression  
Feelings of guilt and shame  
Excessive worrying

Family Relationship Concerns

Difficulty adjusting to family changes  
Discipline concerns  
Parent-child relationship problems  
Sibling concerns  
Divorce/Separation  
Religious/Spiritual Concerns

Rule-Breaking/Behavior Problems

Aggression toward others  
Drug/alcohol use  
Truancy  
Gang involvement  
Running away  
Stealing  
Intentionally hurting animals  
Fire-setting  
Other unusual behaviors (please specify) \_\_\_\_\_

Other Behavioral Concerns

Gender identity concerns  
Inappropriate sexual behavior  
Overeating/refusal to eat  
Bedwetting or soiling  
Hyperactive/Inattentive

***\*Remember to circle the most significant issue.***

When did you first become concerned about the main/most significant issue? \_\_\_\_\_

How have you attempted before now to deal with this issue? \_\_\_\_\_

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History of your child having learning, emotional, behavioral problems: Yes No

(If yes, please explain) \_\_\_\_\_

School Problems (check all that apply):

\_\_\_\_ Academic problems    \_\_\_\_ Discipline problems    \_\_\_\_ Social Problems    \_\_\_\_ Other \_\_\_\_\_

History of health/physical problems includes: (check all that apply):

____ Asthma	____ Nervous stomach
____ Bedwetting	____ Dizziness
____ Neurological problems/exam	____ Severe Headaches
____ Severe PMS	____ Chest pain
____ Heart Palpitations	____ Serious overeating/under-eating
____ Shortness of breath without exertion	____ Major accident
____ Sleep problems	____ Chronic Diarrhea
____ Surgeries	____ Other _____

### HOME ATMOSPHERE

What do you enjoy most about this child? \_\_\_\_\_

What do you find most difficult about this child? \_\_\_\_\_

Anything else you think we need to know? \_\_\_\_\_

What is the one thing we need to know to help your child today? \_\_\_\_\_

### ANY OTHER INFORMATION YOU THINK WOULD BE HELPFUL

**Thank you.**